

Vermont 100 & Moonlight in Vermont 50/75



July 20, 2019

WELCOME / BASIC INFORMATION



On behalf of the Ride Committee, we wish you a great ride. GOOD LUCK and enjoy the Vermont scenery and hospitality. Please also observe the following:

There will be several trail changes due to conditions and logging. Some might be major, so riders need to come to the pre-ride meeting!

Keep dogs in the horse camping area and on a leash. Many runners want to bring dogs and are not allowed to. In the interest of courtesy, please be discrete about your dogs. NO DOGS LEFT UNATTENDED!

ONE properly tagged crew vehicle per rider.

<u>PLEASE</u> drive with care and reasonable speed. The #1 complaint from locals is fast truck traffic on back roads. Don't be the one...!

Briefings are mandatory to review trail conditions, markings, locations and checks and holds, plus any last minute changes. This is the time to ask questions.

Please return unused water to the water tanks at the holds!

All horses pulled from the ride <u>must</u> see the treatment vet at the treatment barn for a safety check before returning to camp. No horse may be removed from the grounds prior to the finish of the event without veterinary permission. Silver Hill Road must be clear for vehicles at all times. Please walk/ride your horses and yourselves on the grass on the side of the road.

There is no pre-riding of the trail, but there are instructions on how to pre-ride the finish later in this program.

A friendly reminder to all participants and guests – please be respectful of the beautiful environment that surrounds you. Leave no trace!

Please thank all of the wonderful volunteers for making this event happen!

Happy Trails!!

The Vermont 100 Committee:

Dr. Pam Karner, Jenny Kimberly, Dr. Heather Hoyns,

Steve & Dinah Rojek, Jo Steele, Kathy Callan Rondeau,

Mel & Jeff Blittersdorf

Landowner Liaison: Sue Greenall



EVENT SCHEDULE

Thursday



NOON – Horse camping opens

Friday

9:00 am – Runners camping opens 10:00-3:30 pm – Runner registration (main tent) 12:00-4:00 pm – Horse registration (white house area) 2:00-4:00 pm – Blacksmith available (ride camp) 2:00-3:30 pm – Horse vetting (finish line area) 4:15 pm – Runner pre-race briefing 4:15 pm – Horse pre-ride briefing (white house area) 5:00 pm – Dinner (main tent). **Bring a cup!**

Saturday

- 3:00-3:45 am 100-mile runner check-in (main tent)
- 4:00 am Trail opens for 100-mile runners
- 4:45 am 100-mile ride check in (start line)
- 5:00 am Trail opens for 100-mile ride
- 8:00-8:45 am 100K runner check-in (main tent)
- 9:00 am 75-mile ride check in (start line)
- 9:00 am Trail opens for 100K runners
- 9:15 am Trail opens for 75-mile riders
- 1:45 pm 50-mile ride check in (start line)
- 2:00 pm Trail opens for 50-mile ride

Sunday

- 2:00 am Trail closes for 50-mile riders
- 3:15 am Trail closes for 75-mile riders
- 5:00 am Trail closes for 100-mile riders and 100K runners
- 9:30 am 50, 75 & 100-mile ride awards (white house)
- 10:00 am Trail closes for 100-mile runners

10:30 am - Barbecue (main tent). Bring a cup!

11:00 am - 100K & 100-mile run awards (main tent)

THANK A VOLUNTEER THEY MAKE THIS EVENT HAPPEN FOR YOU!

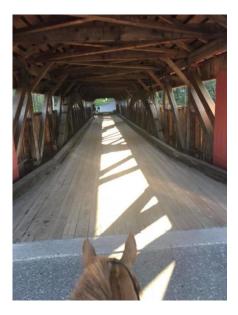
THE PEOPLE WHO MAKE THIS HAPPEN

VETERINARY STAFF

Dr. Heather Caplan – Head vet Dr. Emilie Beaupré – Treatment vet Dr. Amanda Spector – Treatment vet Dr. Diane Johnson – On-call vet before ride Dr. Kelly Corcoran Dr. Maureen Fehrs Dr. Joan Hiltz Dr. Art King Dr. Isabelle Louge Dr. Ann Stuart

FARRIERS

Joel Amyx, CF Mike Wildenstein, CJF, FWCF (hons) Available Friday and during the ride Please take care of payment before leaving



VOLUNTEERS

Barb Akley Kerry Alexander Amy Atkins Joy Axten Toby Bartlett Debbie Beckwith Doug Bejarano Wendy Bejaraho Todd Blevins Jeff Blittersdorf Mel Blittersdorf Marlene Bottesi Dan Boyer Sue Boyer Jamie Bratt Leslie Brooks Emily Bryant Roberta Bryant Kate Burr Gary Butterfield Kathy Callan-Rondeau Louise Carino Gaynor Coassin Amy Dexter Robbie Doll Terry Emmitt Barbara Estey Ema Farkash Linda Ferland

John Ferland Morgan Ferland Ruth Ferland Barbara Gerstner Linda Glock Hallie Goetz Michelle Grald John Greenall Sue Greenall Kathy Hall Laurie Hall Shelby Hall Jill Barber Helmer Bruce Hickey Heather Hoyns Ray Johnson Pam Karner Chip Kendall Jenny Kimberly Kelly Kruse Stina Kutzer Jim Lawrence Jan Lillian Rachel Lodder Jan Lord Rhyne Maas Robin Malkasian Jovce Martin Arminda Mattoon-Pletl

Karl Mattoon-Pletl Janet Mayberry Robin McGrath Monica McKenna Scott Moynahan Jade Mullens Ken Niemczyk Eva Norris **Tracy Ostler** Carl Prentice Bambi Pridel Bill Rice Dinah Rojek Steve Rojek Rojek's farm crew Tom Rondeau Pat Rosson Family Ann Marie Saveno Olga Spanhoff Jo Steele Ellen Tully Wendy Volk Judy Voll Bruce Watson Betty Wells Janet Wells Fred Weremey Ginny Wilson Jessica Wilson

THANK YOU!

LANDOWNERS

A HUGE thank you is due to the landowners, who allow the events of the Vermont 100 to use their property each year.

Germain Allen Fred and Corrine Barr Bill and Mary Jo Bentley Gail Davis Debbi Deely-Culbertson Timothy Durkin Bob and Lucille Evens Linda H. Farnsworth Galaxy Hill Farm John and Pam Gerstmayer John Gratiot Sue and John Greenall James Hagedorn Jane Jackson Anne Johnston Dan and Julie Kenary Edna Luce Wynn and Betsey Medinger Nancy Mitchell Renee Johannensen Kevin and Debbie Osgood Mary Rech Tom and Kathy Rondeau John Seabrook Jr. Ad and Mavis Shaw Gardner and Cathee Smith Bill Stillson Steve and Lois Tynan New England Forest Foundation

Jane Ashley Matt Birmingham Mary Jo Cooke Tom Debevoise Brad and Gail Devine Tom and Jennifer Eddy Rick and Kathleen Fallon Robert and Laurie Ferris Stacey Gallowhur Lee Goodman Jason Gravelle Roland and Susan Greenvall Larry and Susan Hathorn Edith Johnson Michael Keating Ruth Little Christine Mckenzie Matt and Laura Spittle James and Lisa Mooney Jane Osgood and Ted Hilles Ashley Pakenham Steve and Dinah Rojek Alison Sander Ken See Boolie and Justin Sluka Matt and Sheri Smith Alisa Tarlow White Birch Farm

GENERAL RULES AND INFORMATION

Do not, for any reason, park near the tent: that area must be kept open for emergency vehicle use!

All riders <u>must</u> be wearing helmets when mounted.

- Any horse remaining in camp during the ride <u>must</u> have someone available to care for it, please!
- All riders <u>must</u> wear **lighted gear** (glow sticks are ok) front and rear for the night portion of the ride. We ride right past the constable's house, so please plan accordingly.
- ALL horses pulled need to be cleared at the treatment barn before leaving camp. This includes rider option pulls.
- PLEASE drive conservatively on the narrow dirt roads at all times coming and leaving camp.
- There are dumpsters located next to the big tent please do not leave any debris at your campsite. We have quite a few bear in these woods looking for an easy snack.
- A nightly noise curfew will be in place at Silver Hill: 10PM on Friday night and 11PM on Saturday night. We wish it were different but no cheering after this hour.

Please leave your campsite clean, with manure and hay spread evenly across the field.



WATER

Please do not use the tanks located at the finish line until you finish, or are a 50 mile rider at PC#A.

Please conserve water, fill & refill your tanks at the following places:

- Hose at Silver Hill barn, across road from camp.
- South Woodstock Fire House has a hose between the doors.

• Kedron Valley Stables - Rte 106 just north of South Woodstock.

Please return any clean, unused water to the hold tanks.

Water on trail: Landowners put out tanks and hoses: RIDERS keep your eyes open for these, and use the hose on your horse. We ask them to put tanks in visible spots.

SUPPLIES Ice goes fast - buy early.

- Ascutney (Exit 8 on I-91) gas/food/ice
- Downer's Store (junction of VT106 & RT131, south of camp) gas/diesel/food/ice
- Mike's in Hartland (RT 5 after Exit 9 of I-91) gas/diesel/food/ice
- Sunoco Woodstock (RT 4W) gas/diesel
- Maplefield's Woodstock (RT 4W) gas/food/ice
- Cumberland Farms Woodstock (RT 4W) gas/food/ice
- Teago Store (Pomfret) food/ice
- South Woodstock Store (RT 106) food/ice
- Watroba's General Store (RT 106) food/ice
- Price Chopper, Windsor (RT 5N) food/ice
- Cumberland Farms, Windsor (RT 5) gas/food/ice
- Brownsville Butcher and Pantry, Brownsville (Rt 44) food/ice/wine and beer

Use these links for more info about supplies and a map. <u>https://drive.google.com/file/d/1Dk2VIE0hAjgmuXwQahvWkG_Pk-mwTjt_/view?usp=sharing</u>

https://drive.google.com/open?id=1Nn9-Bw-M3KIJMuepsdSuHCU-FZQ&usp=sharing



CREW TRUCKS

When on trail, watch for runners, <u>especially at night</u>! When approaching horses it helps to use just your parking lights. Do not stop in the middle of the road to talk and pull off as much as possible when parking. Please obey the speed limits, or go slower. Big trucks hogging the road are the biggest complaint we get from locals. Runners also have support crews who are being asked to be cautious. All vehicles must be tagged or forfeit your rider!

If you need assistance on trail, ham radio operators are located at or near each of the holds (at the runner aid stations). A horse ambulance will be available at holds or you may transport your own horse. Cell coverage in Vermont is sporadic.

Ride manager: Pam Karner 607-280-2282

Jo Steele 603-208-7005

TRANSPORTING CREW BAGS

This ride has all holds away from camp. We are not allowed to bring crew bags to the holds before the holds open. They are on private property and wildlife (bear) damage is a concern. Many riders have crews but if you do not, try to pair up with someone. But.... read on. We will bring your SMALL crew bag to a hold. All holds have grass, we will provide some hay at hold 5, we will have some buckets at each hold. You must have a separate bag for each hold and do not expect to see that bag again until Sunday. Please leave your bag, marked with your name at the specified spot near the white house. Instructions will be given at the pre-ride briefing. Please help us make this a success by having small bags, picking up after yourself at the end of the hold, and returning your bag to the specified location.

TRAIL MARKING

The **100 mile** trail is marked by and for the runners. The course is marked with 8" diameter **yellow** plastic plates, with bold dark black arrows indicating go right, left or straight. The plates are low so runners can see them. The standard for a turn will be 1 arrow

plate 50 to 100' before the turn, 2 plates at the turn and a confidence plate 50 to 100' after the turn. Confidence means a yellow plate with a black letter C on it. The night section will be marked with green glow sticks. Horse trail deviations will be marked with white plates with black (maybe some red) arrows and the word Horse. Night section deviations are RED glow sticks.



The **75** mile first loop is orange plates with white arrows, then follow pink plates with black arrows to hold #2, after which yellow plastic plates with bold dark black arrows indicating go right, left or straight. The plates are low so runners can see them. The standard for a turn will be 1 arrow plate 50 to 100' before the turn, 2 plates at the turn and a confidence plate 50 to 100' after the turn. Confidence means a yellow plate with a black letter C on it. The night section will be marked with green glow sticks. Horse trail deviations will be marked with white plates with black (maybe some red) arrows and the word Horse. Night section deviations are RED glow sticks.

The **50 mile** trail is marked with **orange** plates with white arrows all the way to hold #4, then follow **yellow** plastic plates, with bold dark black arrows indicating go right, left or straight. The plates are low so runners can see them. The standard for a turn will be 1 arrow plate 50 to 100' before the turn, 2 plates at the turn and a confidence plate 50 to 100' after the turn. Confidence means a yellow plate with a black letter C on it. The night section will be marked with green glow sticks. Horse trail deviations will be marked with white plates with black (maybe some red) arrows and the word Horse. Night section deviations are RED glow sticks. Riders are responsible for following marked routes and deviations! Please take the time to read all signs. It is a good idea to carry a flashlight for the night section of the trail if you need to check.

PHOTOGRAPHER

Spectrum Photography will be out on trail taking photos of you and your horse. Visit them at the sponsor tent on Sunday or look them up after the ride at http://spectrumphotography.net.

Pre-ride the FINISH

From the finish line, follow WHITE triangles and white streamers that will take you 2 miles to the Jenneville Bridge. At this point, TURN AROUND and ride back on the marked YELLOW trail to the finish. NO other trails are open for riding!!!



Course Records 11:22 – Hot Desert Knight, Farzad Faryadi – 2009 14:47:35 – Brian Rusiecki (men) – 2014 16:42:32 – Kami Semick (women) – 2010

Vermont Adaptive Ski & Sport

Vermont Adaptive was founded by Laura Farrell in 1987 operating at Ascutney Mountain Resort as the Vermont Handicap Ski Foundation. It was the first disabled skiing program in Vermont that worked with people of all ages and abilities and promoted the beneficial aspects associated with sports and recreation. During this same time, Laura and her running and equine friends and dedicated supporters of the organization established the VT 100 and the VT 50 races to help subsidize the organizational expenses.

The VT 100 Endurance Race is one of Vermont Adaptive's largest fund-raisers. The entry fee and participation in the optional pledge program make it possible for people with disabilities to experience the thrill of sports that is often taken for granted by able-bodied athletes.

To learn more about how your participation in the Vermont 100 helps thousands of adaptive athletes a year visit us online at <u>www.vermontadaptive.org</u>





PHOTO CREDITS: Spectrum Photography

VERMONT 100 PIT CREW DIRECTIONS

Maximum finish time 5:00 am

ABSOLUTELY NO CREWING OTHER THAN AT THESE LOCATIONS! PLEASE DO NOT TAKE ANY SHORTCUTS!

These directions get you there with minimal driving on trail. BEWARE of the speed limit signs in towns, they mean it!

DO NOT dump grain at holds. THANK YOU!

PC#1 Gratiot's Field (mile 16) *10 minute stop and go: opens 6am, closes 8:15am*

Crews may leave base camp no sooner than 10 minutes after horses leave.

L out of camp on Silver Hill (go 0.1 mile)

R at triangle on Bryant Road (go 1.1 miles)

R on Rush Meadow, which turns into Morgan Hill Road (go 3.7 miles)

R on Route 106 North (go 5 miles)

R at The Green in Woodstock (go 0.1 mile)

L on Rte 12 North (go 0.2 miles)

Bear R to stay on Rte 12 (go 0.3 miles)

R on Old River Road (go 1.5 miles)

L on High Pastures Road (go 0.5 miles)

R to field. Signs will point you into the field. DO NOT drive beyond the level area, the horses will come up the hill to the crew.

From camp to PC#1 is 13.2 miles, about 30 minutes.

Hold #1 Galaxy Hill Farm (mile 22) 6:30 - 9:30am 30 min hold

Turn L out of the field, go 0.5 miles on High Pastures Road

STAY R on Old River Road (go 1.5 miles)

R onto Route 12 North (go 0.5 miles)

R fork on Pomfret Road. Go 2 miles to the next fork (*Teago Country Store*).

R at fork, which is still Pomfret Road (go 3.8 miles)

R at the SECOND Galaxy Hill Road sign, which is 0.8 mile from the first sign (you are on trail at the first sign: DON'T TURN THERE). (go 0.5 miles)

L on Old King's Highway

L into field and hold

From PC#1 to Hold #1 is 9 miles, about 16 minutes.

PC#2 Hall Circle (about mile 33)

R out of hold

R on Galaxy Hill (go 0.5 miles to pavement)

L (ON TRAIL) onto paved road Pomfret Road. Go 3.8 miles back to the Teago Country Store, staying to the **left** at the fork. (go 1.7 miles)

R onto Stimets Road (go 0.2 miles)

R onto Route 12 North / Barnard Road (go 0.7 miles)

R onto Gully Road. Go 0.4 miles (at 0.3 miles bear left)

Bear L at fork on Hall Circle. Go 0.4 miles until you see "PC#2 Parking" signs on the right and #424 on mailbox on left.

Parking is from here down to the "T" intersection with the trail, which is 0.1 mile from this spot. Please no parking on the trail. Please crew ONLY on Hall Circle, NOT on the trail. This is a tight crew spot, so please be courteous to riders, runners & crew.

From Hold #1 to PC#2 is 8.5 miles, about 17 minutes.

PC#3 Cox District Road (about mile 37)

Continue on Hall Circle to "T" with Trail (on Austin Road, but the sign only says Hall Circle)

L at "T" (go 0.5 miles) (ON TRAIL)

R on Route 12 North / Barnard Road (go 0.1 mile)

L on Prosper Road (go 2.3 miles)

R on Route 4, West Woodstock (go 0.5 miles)

R onto Cox District Road TH2. Go 0.7 miles to intersection with trail on the right. Turn around.

From PC#2 to PC #3 is 3.5 miles, about 8 minutes.

Hold #2 High Brook (mile 45) 9:45am - 2:30pm 45 min hold

Return to US Route 4.

L on Rte 4 and go into Woodstock (1.8 miles). About halfway around the Green, just before Woodstock Inn.

R on Route 106 S South Woodstock. (go 5 miles). Go through village of South Woodstock past firehouse (water fill up at the Fire House, there is a hose available here) and pass GMHA, continuing on Route 106S. Pass Long Hill Road (ON TRAIL) 1 mile to Hold 2 from Long Hill Road

R on Hodgekinson Road (ON TRAIL)

Hold area is 0.1 miles on your L. Please park as directed.

From PC #3 to Hold #2 is 10 miles, about 20 minutes.

PC#4 Smith's (mile 50) Crews only, no spectators.

R onto Route 106 South (go 3.6 miles)

Pass Keepers Restaurant (go 0.3 miles)

R onto Agony Hill (go 0.1 mile). DO NOT pass the dumpster (on your left) or the blue house at the top of the hill. There is plenty of room to turn around and park by the dumpster; do not park below the brown house. Horses will be coming down Smith's driveway and continue down the road and turn right at Keyes Road. DO NOT BLOCK TRAIL.

Hold #2 to PC#4 is 4 miles, about 8 minutes.

HOLD #3 Mitchell's (mile 62) 1:00 – 6:45pm 50 minute hold

Go back down Agony Road

R onto Route 106 South (go 2.5 miles) Village of Reading (watch speed limit signs!)

R onto Tyson Road at Watroba's Reading Country Store (ice!) (go 3.9 miles) You will pass through the village of South Reading.

L on Puckerbrush Road (go 0.3 miles) (ON TRAIL)

L into the hold

Both horses and crews use the same entrance, please be careful.

PC#4 to Hold #3 is 7 miles, about 13 minutes.

HOLD #4 Tuacknback (mile 73) 3:00 – 9:45pm 45 minute hold

R out of Hold 3 (go 0.3 miles) (ON TRAIL)

R on Tyson Road (go 3.9 miles)

L on Rte 106 North (go 5.2 miles)

R at Caper Hill Road (Spring Brook Farm sign) (go 0.9 miles)

R on Spears Cemetery Road (go 0.8 miles)

L into the second drive. Park on the right, crewing is on the left.

Parking is TIGHT here, please follow parking directions. You may crew in the area under the trees or in the field. Please do NOT go to the barn for any reason. HORSES ONLY use first driveway. Someone will tell you where to park; parking will be tight so please follow directions! Is it time for lighted & reflective gear yet???

From Hold #3 to Hold #4 is 10.9 miles, about 20 minutes.

PC#5 Smoke Rise (mile 77)

R out of Hold #4. (go 0.8 miles)

L on Caper Hill Road (go 0.9 miles)

R on Route 106 North (go 3.1 miles) Pass GMHA on right, fill up with water at the fire station.

R on Morgan Hill Road. (go 1.7 miles)

L on Reeves Road (CREW VEHICLES ONLY, ROAD CLOSED TO ALL OTHER VT100 TRAFFIC) (go 0.5 miles)

L on dirt driveway. Horses will be coming out of the trail to your L as you pull in. Please drive up and turn around before crewing and do not block the trail as this area can be quite congested. Remind your rider that the trail splits as they leave: Horses go LEFT, and runners go straight. Do you have lighted & reflective gear???

From Hold #4 to PC #5 is 6.8 miles, about 15 minutes.

PC#6 Ashley Packenham's (mile 82)

R out of driveway on Reeves Road. DO NOT TURN L & GO DOWN REEVES ROAD, IT IS CLOSED TO VT100. (go 0.5 miles)

L on Morgan Hill Road (go 0.2 miles)

STAY L on Rush Meadow Road (go 2.1 miles)

L on Bryant Road (go 0.3 miles)

R on Queen Victoria Road (class 4 road, it is basically a driveway)

L into field almost immediately

Do you have lighted & reflective gear??? From PC #5 to PC #6 is 3.4 miles, about 9 minutes.

HOLD #5 O&H Farm (mile 88) 6:00pm – 2:00am 30 min hold

R on Bryant Road (go 0.6 miles)

R on Silver Hill Triangle (go 1.7 miles) (ON TRAIL)

R on Brownsville/Hartland Road (go 1.2 miles)

Sharp L on Coon Club Road (go 1.0 mile) (ON TRAIL)

R on Trafton Road

R at the first driveway

Please park on the grass to the right of the arena. If you do not have 4WD, please park in the ring, which is on the right before you get to the hold area! Parking is TIGHT, please park two deep, you can still get out. Please remind your rider to put on some form of lighted gear visible from both front AND back!

From PC #6 to Hold #5 it is 4.6 miles, about 13 minutes.

PC#7 Bambi's (mile 95)

Turn L to leave O&H Farm onto Trafton Road

L onto Coon Club Road (go 1 mile to the pavement) (ON TRAIL)

Sharp R onto Brownsville / Hartland Road (go 0.8 miles)

R on Hammond Hill Road (go 1.7 miles)

STRAIGHT on Weeden Road (go 0.1 mile) (ON TRAIL)

R into driveway at Bambi Prigel's

Go all the way up to the barn, turn around, and park next to the wooden fence on the right. Please use your own water and/or put water back into the tank.

Hold #5 to PC #7 is 3.6 miles, about 10 minutes.

FINISH – Silver Hill Meadow (mile 100) Finish by 5:00 am

L out of driveway (go 0.1 mile) (ON TRAIL)

R on Hammond Hill Road (go 0.7 miles to paved road) CAUTION: Riders and runners crossing paved road

L on Brownsville Hartland Road (go 1.7 miles)

R on Silver Hill Road (go 1.7 miles to triangle) (ON TRAIL for some of Silver Hill)

R at the triangle to Silver Hill Meadow and camp.

From PC#7 to Finish is 4 miles, about 15 minutes.

NO TRUCKS AT THE FINISH LINE. Please leave items at the finish before you leave camp and/or carry items to the designated area. Water will be available at the finish. Riders can go to their rigs before their completion exam. The finish timer will be in the tent at the finish line. You MUST have a finish time on the rider's card in order to complete the completion exam.

HOLD TIMES FOR 100 MILE RIDERS					
Hold	Opens	Closes	Hold time		
PC #1 Gratiot's Field	6:00 am	8:15 am	10 min stop & go		
Hold #1 Galaxy Hill	6:30 am	9:30 am	30 min		
Hold #2 High Brook	9:45 am	2:30 pm	45 min		
Hold #3 Mitchell's	1:00 pm	6:45 pm	50 min		
Hold #4 Tuacknback	3:00 pm	9:45 pm	45 min		
Hold #5 O&H	6:00 pm	2:00 am	30 min		
Closing time means pulse time					

Ride manager: Pam Karner 607-280-2282

Jo Steele 603-208-7005

MOONLIGHT IN VERMONT 75 PIT CREW DIRECTIONS

Maximum finish time 3:15 am

ABSOLUTELY NO CREWING OTHER THAN AT THESE LOCATIONS! PLEASE DO NOT TAKE ANY SHORTCUTS!

These directions get you there with minimal driving on trail. BEWARE of the speed limit signs in towns, they mean it!

DO NOT dump grain at holds. THANK YOU!

Silver Hill Pit Crew (mile 13)

No need for crews to go anywhere: riders do a 13-mile loop back to base camp. You may crew at your trailer or in the field at Silver Hill (not on the road).

Hold #2 High Brook (mile 20) 9:45am - 1:30pm 45 minute hold

L out of camp on Silver Hill (go 0.1 mile)

R at triangle on Bryant Road (go 1.1 miles)

R on Rush Meadow, which turns into Morgan Hill Road (go 3.7 miles)

L on Route 106 South. Pass GMHA and Long Hill Road (ON TRAIL) 1 mile to hold from Long Hill Road

R on Hodgekinson (go 0.1 mile)

L into hold.

Camp to Hold #2 is 8.3 miles, about 20 minutes.

PC#4 Smith's (mile 25) Crews only, no spectators.

R onto Route 106 South (go 3.6 miles)

Pass Keepers Restaurant (go 0.3 miles)

R onto Agony Hill (go 0.1 mile). DO NOT pass the dumpster (on your left) or the blue house at the top of the hill. There is plenty of room to turn around and park by the dumpster; do not park below the brown house. Horses will be coming down Smith's driveway and continue down the road and turn right at Keyes Road. DO NOT BLOCK TRAIL.

Hold #2 to PC#4 is 4 miles, about 8 minutes.

HOLD #3 Mitchell's (mile 37) 1:00 – 5:45pm 50 minute hold

Go back down Agony Road

R onto Route 106 South (go 2.5 miles) Village of Reading (watch speed limit signs!)

R onto Tyson Road at Watroba's Reading Country Store (ice!) (go 3.9 miles) You will pass through the village of South Reading.

L on Puckerbrush Road (go 0.3 miles) (ON TRAIL)

L into the hold

Both horses and crews use the same entrance, please be careful.

PC#4 to Hold #3 is 7 miles, about 13 minutes.

HOLD #4 Tuacknback (mile 48) 3:00 – 8:45pm 45 minute hold

R out of Hold 3 (go 0.3 miles) (ON TRAIL)

R on Tyson Road (go 3.9 miles)

L on Rte 106 North (go 5.2 miles)

R at Caper Hill Road (Spring Brook Farm sign) (go 0.9 miles)

R on Spears Cemetery Road (go 0.8 miles)

L into the second drive. Park on the right, crewing is on the left.

Parking is TIGHT here, please follow parking directions. You may crew in the area under the trees or in the field. Please do NOT go

to the barn for any reason. HORSES ONLY use first driveway. Someone will tell you where to park; parking will be tight so please follow directions! Is it time for lighted & reflective gear yet???

From Hold #3 to Hold #4 is 10.9 miles, about 20 minutes.

PC#5 Smoke Rise (mile 52)

R out of Hold #4. (go 0.8 miles)

L on Caper Hill Road (go 0.9 miles)

R on Route 106 North (go 3.1 miles) Pass GMHA on right, fill up with water at the fire station.

R on Morgan Hill Road. (go 1.7 miles)

L on Reeves Road (CREW VEHICLES ONLY, ROAD CLOSED TO ALL OTHER VT100 TRAFFIC) (go 0.5 miles)

L on dirt driveway. Horses will be coming out of the trail to your L as you pull in. Please drive up and turn around before crewing and do not block the trail as this area can be quite congested. Remind your rider that the trail splits as they leave: Horses go LEFT, and runners go straight. Do you have lighted & reflective gear???

From Hold #4 to PC #5 is 6.8 miles, about 15 minutes.

PC#6 Ashley Packenham's (mile 57)

R out of driveway on Reeves Road. DO NOT TURN L & GO DOWN REEVES ROAD, IT IS CLOSED TO VT100. (go 0.5 miles)

L on Morgan Hill Road (go 0.2 miles)

STAY L on Rush Meadow Road (go 2.1 miles)

L on Bryant Road (go 0.3 miles)

R on Queen Victoria Road (class 4 road, it is basically a driveway)

L into field almost immediately

Do you have lighted & reflective gear???

From PC #5 to PC #6 is 3.4 miles, about 9 minutes.

HOLD #5 O&H Farm (mile 63) 6:00pm – 12:30am 30 minute hold

R on Bryant Road (go 0.6 miles)

R on Silver Hill Triangle (go 1.7 miles) (ON TRAIL)

R on Brownsville/Hartland Road (go 1.2 miles)

Sharp L on Coon Club Road (go 1.0 mile) (ON TRAIL)

R on Trafton Road

R at the first driveway

Please park on the grass to the right of the arena. If you do not have 4WD, please park in the ring, which is on the right before you get to the hold area! Parking is TIGHT, please park two deep, you can still get out. Please remind your rider to put on some form of lighted gear visible from both front AND back!

From PC #6 to Hold #5 it is 4.6 miles, about 13 minutes]

PC#7 Bambi's (mile 70)

Turn L to leave O&H Farm onto Trafton Road

L onto Coon Club Road (go 1 mile to the pavement) (ON TRAIL)

Sharp R onto Brownsville/Hartland Road (go 0.8 miles)

R on Hammond Hill Road (go 1.7 miles)

STRAIGHT on Weeden Road (go 0.1 mile) (ON TRAIL)

R into driveway at Bambi Prigel's

Go all the way up to the barn, turn around, and park next to the wooden fence on the right. Please use your own water and/or put water back into the tank.

Hold #5 to PC #7 is 3.6 miles, about 10 minutes.

FINISH – Silver Hill Meadow (mile 75) Finish by 3:15 am

L out of driveway (go 0.1 mile) (ON TRAIL)

R on Hammond Hill Road (go 0.7 miles to paved road) CAUTION: Riders and runners crossing paved road

L on Brownsville Hartland Road (go 1.7 miles)

R on Silver Hill Road (go 1.7 miles to triangle) (ON TRAIL for some of Silver Hill)

R at the triangle to Silver Hill Meadow and camp.

From PC#7 to Finish is 4 miles, about 15 minutes.

NO TRUCKS AT THE FINISH LINE. Please leave items at the finish before you leave camp and/or carry items to the designated area. Water will be available at the finish. Riders can go to their rigs before their completion exam. The finish timer will be in the tent at the finish line. You MUST have a finish time on the rider's card in order to complete the completion exam.

HOLD TIMES FOR 75 MILE RIDERS					
Hold	Opens	Closes	Hold time		
Hold #2: High Brook	9:45 am	1:30 pm	45 min		
Hold #3: Mitchell's	1:00 pm	5:45 pm	50 min		
Hold #4: Tuacknback	3:00 pm	8:45 pm	45 min		
Hold #5: O&H	6:00 pm	12:30 am	30 min		
Closing time means pulse time					

Ride manager: Pam Karner 607-280-2282

Jo Steele 603-208-7005



MOONLIGHT IN VERMONT 50 PIT CREW DIRECTIONS

Maximum finish time 2:00 am

ABSOLUTELY NO CREWING OTHER THAN AT THESE LOCATIONS! PLEASE DO NOT TAKE ANY SHORTCUTS! These directions get you there with minimal driving on trail.

DO NOT dump grain at holds. THANK YOU!

HOLD #A Silver Hill Meadow (mile 13) 3:00-4:30pm *Mandatory* 15 minute stop and go

No need to go anywhere: the riders take a 13-mile loop back to base camp. Crews need to keep track of time and time cards and get their rider out. Riders may go to their rigs if they wish.

You MAY use the tanks at the finish line for this hold. Please return any unused water to the hold tanks.

HOLD #4 Tuacknback (mile 21) 3:00 – 7:00pm 45 minute hold

L out of camp on Silver Hill (go 0.1 mile)

R at triangle on Bryant Road (go 1.1 miles)

R on Rush Meadow, which turns into Morgan Hill Road (go 3.7 miles)

L on Rte 106 South (go 3.1 miles)

L at Caper Hill Road (go 0.9 miles)

R on Spears Cemetery Road (go 0.7 miles)

L into the second drive. Park on the right, crewing is on the left.

Parking is TIGHT here, please follow parking directions. You may crew in the area under the trees or in the field. Please do NOT go to the barn for any reason. Is it time for lighted & reflective gear?

From Camp to Hold #4 is 11.2 miles, about 25 minutes.

PC#5 Smoke Rise (mile 25)

R out of Hold #4. (go 0.8 miles)

L on Caper Hill Road (go 0.9 miles)

R on Route 106 North (go 3.1 miles) Pass GMHA on right, fill up with water at the fire station.

R on Morgan Hill Road. (go 1.7 miles)

L on Reeves Road (CREW VEHICLES ONLY, ROAD CLOSED TO ALL OTHER VT100 TRAFFIC) (go 0.5 miles)

L on dirt driveway. Horses will be coming out of the trail to your L as you pull in. Please drive up and turn around before crewing and do not block the trail as this area can be quite congested. Remind your rider that the trail splits as they leave: Horses go LEFT, and runners go straight. Do you have lighted & reflective gear???

From Hold #4 to PC #5 is 6.8 miles, about 15 minutes.

PC#6 Ashley Packenham's (mile 30)

R out of driveway on Reeves Road. DO NOT TURN L & GO DOWN REEVES ROAD, IT IS CLOSED TO VT100. (go 0.5 miles)

L on Morgan Hill Road (go 0.2 miles)

STAY L on Rush Meadow Road (go 2.1 miles)

L on Bryant Road (go 0.3 miles)

R on Queen Victoria Road (class 4 road, it is basically a driveway)

L into field almost immediately

Do you have lighted & reflective gear???

From PC #5 to PC #6 is 3.4 miles, about 9 minutes.

HOLD #5 O&H Farm (mile 36) 6:00pm – 11:30am 30 minute hold

R on Bryant Road (go 0.6 miles)

R on Silver Hill Triangle (go 1.7 miles) (ON TRAIL)

R on Brownsville/Hartland Road (go 1.2 miles)

Sharp L on Coon Club Road (go 1.0 mile) (ON TRAIL)

R on Trafton Road

R at the first driveway

Please park on the grass to the right of the arena. If you do not have 4WD, please park in the ring, which is on the right before you get to the hold area! Parking is TIGHT, please park two deep, you can still get out. Please remind your rider to put on some form of lighted gear visible from both front AND back!

From PC #6 to Hold #5 it is 4.6 miles, about 13 minutes]

PC#7 Bambi's (mile 43)

Turn L to leave O&H Farm onto Trafton Road

L onto Coon Club Road (go 1 mile to the pavement) (ON TRAIL)

Sharp R onto Brownsville/Hartland Road (go 0.8 miles)

R on Hammond Hill Road (go 1.7 miles)

STRAIGHT on Weeden Road (go 0.1 mile) (ON TRAIL)

R into driveway at Bambi Prigel's

Go all the way up to the barn, turn around, and park next to the wooden fence on the right. Please use your own water and/or put water back into the tank.

Hold #5 to PC #7 is 3.6 miles, about 10 minutes.

FINISH – Silver Hill Meadow Finish by 2:00 am

L out of driveway (go 0.1 mile) (ON TRAIL)

R on Hammond Hill Road (go 0.7 miles to paved road) CAUTION: Riders and runners crossing paved road

L on Brownsville Hartland Road (go 1.7 miles)

R on Silver Hill Road (go 1.7 miles to triangle) (ON TRAIL for some of Silver Hill)

R at the triangle to Silver Hill Meadow and camp.

From PC#7 to Finish is 4 miles, about 15 minutes.

NO TRUCKS AT THE FINISH LINE. Please leave items at the finish before you leave camp and/or carry items to the designated area. Water will be available at the finish. Riders can go to their rigs before their completion exam. The finish timer will be in the tent at the finish line. You MUST have a finish time on the rider's card in order to complete the completion exam.

HOLD TIMES FOR 50 MILE RIDERS					
	Opens	Closes	Hold time		
PC #A	3:00 pm	4:30 pm	15 min stop & go		
Hold #4: Tuacknback	3:00 pm	7:00 pm	45 min		
Hold #5: O&H	6:00 pm	11:00 pm	30 min		
Closing time means pulse time					

Ride manager: Pam Karner 607-280-2282 Jo Steele 603-208-7005



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The Vermont 100 sponsors wish everyone the best of luck!

Have a great ride!





Vermont 100 Ride & Run



2019 USA NORTHEAST 100-MILE CHALLENGE

This challenge recognizes American Endurance Ride Conference members who complete **any three of the following four** Northeast Region one-day 100-mile rides on the same horse.

Three horse/rider combinations successfully completed this challenge in both 2017 and 2018, and USA Northeast will provide a custom jacket to all riders who achieve this goal in 2019. We'll also award an embroidered fleece horse cooler to the horse with the fastest combined time for all three completed rides.

NEW YORK ADVENTURE

May 26, 2019 in New Berlin, NY Manager: Dodie Sable, <u>dodie@newpromisefarms.com</u>

OLD DOMINION 100

June 8, 2019 in Orkney Springs, VA Manager: Diane Connolly, <u>dcconnolly24@gmail.com</u>

VERMONT 100

July 20, 2019 in West Windsor, VT Manager: Pam Karner DVM, <u>drpamkarner@gmail.com</u>

THE IRONHORSE

September 21, 2019 in Pedro, OH Manager: Mollie Krumlaw-Smith, <u>mkrumlaw@webcincy.com</u>

Vermont 100 Ride & Run